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(54) Title: NEW FORMULATIONS FOR THE REMOVAL OF DENTAL PLAQUE, TARTAR AND DENTAL STAINS

(57) Abstract: Use of at least a substance selected from the group comprising: glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine as the active substance in the preparation of pharmaceutical compositions suitable for the removal of plaque, dental calculus (tartar) and dental stains from the tooth surface, also having an anti-halitosis function, and compositions thereof.



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## "NEW FORMULATIONS FOR THE REMOVAL OF DENTAL PLAQUE, TARTAR AND DENTAL STAINS"

### STATE OF THE ART

Dental plaque consists of a glycoproteic structure in which epithelial particles, mucin and food particles are dispersed, and it constitutes an ideal substrate for bacterial growth. If it is not removed, it calcifies by deposition of calcium salts of salivary origin and turns into dental calculus (tartar), a hard aggregate which is difficult to remove.

It is known that because of their bacterial component dental plaque and tartar are dangerous for tooth health and they represent the primary cause in the development of caries, gingivitis and parodontal diseases. Moreover, the presence of plaque on the tooth surface can cause halitosis because of the formation of volatile sulphurated products of the bacterial metabolism. It is therefore important both to prevent and to remove periodically plaque and dental calculus (tartar).

The most effective preventive method is an accurate oral hygiene after meals. In recent years dental research has resulted in a great improvement of instruments available for oral hygiene. For instance, toothbrushes have been developed, which shape and geometry make it easier to clean zones of the dental arch which would be hard to reach with traditional toothbrushes (PCT/EP96/02730). In addition, toothpastes and mouthwashes containing antibacterial agents, for instance for instance chlorhexidine, which are effective in reducing dental plaque and therefore tartar, have been introduced into the market.

In spite of innovations, it is still very difficult to eliminate plaque completely from all dental surfaces, especially in the interstices between teeth and in sub-gingival zones. It is therefore still necessary to remove dental calculus (tartar) at given intervals. At present, such removal can be carried out only mechanically by dentists or hygienists using special equipment, such as for instance ultrasounds or curettes.

This causes evident disadvantages. Apart from high costs, most patients do not regularly undergo dental examinations therefore, controlling of dental calculus (tartar) formation. This is evident from the wide spreading of parodontal diseases in the population.

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It is therefore desirable the development of a simple, cheap and tolerable method directly usable by the patient enabling an effective prevention and removal of dental plaque, tartar and dental stains.

#### SUMMARY OF THE INVENTION

It has now been surprisingly found that substances from the group comprising: glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine can dissolve dental plaque and calculus accumulation on the teeth. These substances can be used in the preparation of pharmaceutical compositions for topic use, suitable for the removal of dental plaque, tartar and dental stains from the tooth surface, also with an anti-halitosis function. Said compositions can possibly contain at least a compound selected from the group comprising an anti-inflammatory, L-ascorbic acid and a fluorinated compound.

#### DETAILED DESCRIPTION OF THE INVENTION

The present invention relates to the use of at least a substance selected from the group comprising:

glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine

as the active substance in the preparation of pharmaceutical compositions suitable for the removal of dental plaque, tartar and dental stains from the tooth surface, also having an anti-halitosis function.

The above-listed substances, apart from removing plaque, inhibit the formation of bacterial catabolites, therefore having an anti-halitosis function.

Moreover, the present invention relates to pharmaceutical compositions for the removal of dental plaque, tartar and dental stains from the tooth surface, also having an anti-halitosis function, comprising as the active substance at least one of the substances elected from the group comprising:

glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine.

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According to a particularly preferred application, glutathione is the active substance, preferably in an amount at least 0.05% by weight of the pharmaceutical composition, indifferently if said composition is in a solid, liquid or semiliquid form, usually at a unit dose between 0.05 and 2 g, and preferably between 0.3 and 1.5 g.

In case of single-dose solid formulations, tablets for instance, the compositions according to the invention contain an amount of glutathione per unit dose between 0.01 g and 5 g, and preferably between 0.3 g and 1.5 g. Liquid or semisolid formulations, such as toothpastes or mouthwashes, containing a percentage of glutathione between 0.05% and 20% w/w and preferably between 0.5% and 4% w/w. When present in a percentage above 20% w/w, glutathione, if left in contact with teeth for extended periods of time, can damage their enamel. Moreover, the formulation taste becomes too disagreeable, which causes compliance problems for the patient.

The above-listed substances can be used as unique active substance or, in case of gingivitis, in association with one or more anti-inflammatories suitable for topic use. Extract of aloe pulp is preferably used as anti-inflammatory, usually in an amount corresponding to a content of active substance between 3 mg and 50 mg per unit dose, possibly in association with glycyrrhetic acid in water soluble form, in an amount preferably between 5 mg and 100 mg per unit dose.

Single-dose solid formulations preferably contain dry extract of aloe 200:1 in an amount corresponding to a content of active substance between 10 mg and 250 mg per unit dose, and optionally glycyrrhetic acid in an amount preferably between 1 mg and 50 mg per unit dose. Liquid or semisolid formulations contain 0.5 to 99.5% w/w of aloe gel, and optionally 0.05% to 2% w/w of glycyrrhetic acid.

Preferably, the pharmaceutical compositions according to the invention contain L-ascorbic acid, or one of its pharmaceutically acceptable salts or esters, which – as shown – increases anti-tartar activity of the aforesaid active substances. L-ascorbic acid is usually present in an amount between 20 mg and 200 mg per unit dose, preferably in an amount of 150 mg per unit dose or L-ascorbic acid is usually present in a amount between 1 mg and 50 mg per unit dose, preferably in an amount between 5 mg and 10 mg per unit dose in single-dose solid formulations, and in a

percentage between 0.05 and 1% w/w in semisolid or liquid formulations. The compositions according to the invention can also contain a fluorinated compound in amounts commonly used in dental compositions. According to a preferred embodiment said fluorinated compound is sodium fluoride, which is preferably used in an amount of 0.15% w/w in liquid or semiliquid formulations, such as mouthwashes and toothpastes, and in an amount of 0.1 mg of fluoride ion in solid formulations, such as for instance mouth-dissolvable tablets.

Pharmaceutical forms suitable for carrying the compositions of the present invention are those which are commonly used for oral hygiene.

Because of the low water stability of the above-listed substances, the preferred pharmaceutical composition consists in mouthwash in single-dose bottles for immediate preparations. In such preparations the solid phase is made of the above-listed substances and possibly of other active substances which are unstable in water. Preferably, the liquid phase is fresh aloe gel 1:1. Both phases are mixed shortly before use by breaking a separation membrane.

Formulations which are particularly preferred are also tablets to dissolve in mouth or chewing gums.

The compositions of the invention can also be used in the form of gel, toothpaste or abrasive toothpaste, in which dental calculus (tartar) removal is increased by the presence of abrasive microparticles.

Another domestic method is the use of the so-called "water pic", in which the active substance optionally in association with the above-listed substances is dissolved in the vessel containing water to be sprayed.

For professional use by dentists or hygienists, active substances can be used in pure form. For instance, they can be sprayed under pressure alone or in combination with abrasive substances. As an alternative, substances can be applied in pure form in the cavity of a dental mould prepared in advance.

As an alternative, substances can be applied, preferably in gel form, in the gap of a dental mould prepared in advance (Bite-guard). Said gel preferably contains 0.5 to 5% by weight of active substance and can also contain aloe extract and a fluorinated compound.

The invention will now be disclosed in further details with the following examples:

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## Example 1

Mouthwash in single-dose bottles for immediate preparations:Solid phase

Glutathione	600 mg
Vitamin C	25 mg

Liquid phase

Glycirretic acid, ammonium salt	0.1% by weight
Anise extract	0.2% by weight
Eugenol	0.05% by weight
Potassium sorbate	0.1% by weight
Sodium benzoate	0.1% by weight
Vitamin C	0.1% by weight
Aloe Barbadensis gel 1:1 (anthraquinones free)	q.s. to 6 g

## Example 2

Tablets to dissolve in mouth:

Glutathione	600 mg
Glycirretic acid, ammonium salt	6 mg
Vitamin C	30 mg
Dry extract of Aloe Barbadensis (anthraquinones free)	10 mg p.a.
Microcrystalline cellulose	50 mg
Gelatin	30 mg
Glycerol	0.4 mg
Hydroxypropylmethylcellulose	7 mg
PEG 6000	0.4 mg
Magnesium stearate	4 mg
Anise extract	0.2% by weight
Eugenol	0.05% by weight

## Clinical test

The clinical test was carried out on 10 volunteers aged between 25 and 45. Three tablets a day containing 600 mg of glutathione were administered to each volun-

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teer, each tablet to be dissolved in mouth after a normal dental cleaning. Said tablets had the formulation described in example 2. The tartar formation on the teeth of each volunteer was quantified before and during treatment, at intervals of ten days. On the tenth day of treatment a 10% reduction of dental calculus (tartar) was observed in six volunteers, and a 2% to 5% reduction in the other four volunteers. On the twentieth day of treatment a 50% reduction was observed in all volunteers. On the thirtieth day of treatment a further reduction of the content of dental calculus was observed in eight volunteers. In particular, in four of them tartar had been completely removed, even in sub-gingival and interstitial zones, whereas the other four volunteers showed a reduction of 80%. In two volunteers, because of a treatment suspension or improper administration, the amount of dental calculus (tartar) was higher than the one observed on the twentieth day. These results show that glutathione is effective in the removal of dental calculus (tartar).

In another clinical test five volunteers were chose, all male and smokers, characterized by a strong formation of dental calculus (tartar), especially in the zone of the lingual face of the lower incisors.

Each volunteer underwent an application of 500 mg of pure glutathione in powder on the lingual face of the lower incisors by means of a single-tuft toothbrush with medium bristles, followed by a tooth brushing for ten minutes with the same toothbrush. After a rinse with water the operation was repeated, always for ten minutes using a further 500 mg of glutathione.

All volunteers showed a complete removal of dental calculus (tartar) in the zones where brushing had been carried out. Sub-gingival and interstitial zones where brushing had not been properly carried out showed the presence of residual dental calculus (tartar).

### Example 3

#### Mouthwash in single-dose bottles for immediate preparations:

##### Solid phase

Glutathione 600 mg

Vitamin C 2 mg

##### Liquid phase

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Glycirretic acid, ammonium salt	0.1% by weight
Anise extract	0.2% by weight
Eugenol	0.05% by weight
Potassium sorbate	0.1% by weight
Sodium benzoate	0.1% by weight
Vitamin C	0.1% by weight
Sodium fluoride	0.15% by weight
Aloe Barbadensis gel 1:1	q.s. to 6 g

(anthraquinones free)

## Example 4

Tablets to dissolve in mouth:

Glutathione	600 mg
Glycirretic acid, ammonium salt	3 mg
Vitamin C	30 mg
Dry extract of Aloe Barbadensis	1 mg p.a.
(anthraquinones free)	
Microcrystalline cellulose	50 mg
Gelatin	30 mg
Glycerol	0.4 mg
Hydroxypropylmethylcellulose	7 mg
PEG 6000	0.4 mg
Magnesium stearate	4 mg
Sodium fluoride	equal to 0.1 mg of ion fluoride
Anise extract	0.2%by weight
Eugenol	0.05%by weight

In vitro evaluation of anti-tartar activity

The in vitro evaluation of anti-tartar activity was carried out on an extracted tooth. The amount of tartar on said tooth was quantified before the test. The tooth was then immersed into an aqueous solution of 2% glutathione and kept in a closed vessel without light at 30°C. Every two days said tooth was rinsed and lightly brushed and the solution was changed. The removal of tartar was evident after



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only four days and was completed in two to three weeks.

#### Clinical test

The clinical test was carried out on 10 volunteers aged between 25 and 45. Three tablets a day containing 600 mg of glutathione were administered to each volunteer, each tablet to be dissolved in mouth after a normal dental cleaning. Said tablets had the formulation described in example 4.

Stains and tartar formation on the teeth of each volunteer were quantified before and during treatment. After 4 weeks of treatment a 5% reduction of dental calculus (tartar) was observed in six volunteers, and a 2% to 3% reduction in the other four volunteers. In the sixth week of treatment a 20 to 30% reduction was observed in all volunteers. In the tenth week of treatment a further reduction of the content of dental calculus (tartar) was observed in eight volunteers. In particular, in four of them tartar had been almost completely removed, even in sub-gingival and interstitial zones, whereas the other four volunteers showed a reduction of 50%. In two volunteers, because of a treatment suspension or improper administration, the amount of dental calculus (tartar) was higher than the one observed in the sixth week. The almost complete removal of dental stains was observed in all volunteers.

These results show that glutathione is effective in the removal of dental calculus (tartar) and dental stains.

In another clinical test five volunteers were chose, all male and smokers, characterized by a strong formation of dental calculus (tartar), especially in the zone of the lingual face of the lower incisors.

Each volunteer underwent an application of 200 mg of pure glutathione in powder on the lingual face of the lower incisors by means of a single-tuft toothbrush with medium bristles, followed by a tooth brushing for ten minutes with the same toothbrush. After a rinse with water the operation was repeated, always for ten minutes using a further 200 mg of glutathione.

All volunteers showed a consistent reduction of dental calculus (tartar) in the zones where brushing had been carried out. Sub-gingival and interstitial zones where brushing had not been properly carried out showed the presence of residual dental calculus (tartar).

## CLAIMS

1. Use of at least a substance selected from the group comprising: glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine as the active substance in the preparation of pharmaceutical compositions suitable for the removal of dental plaque and tartar from tooth surface, also having an anti-halitosis function, said compositions possibly comprising at least a compound chosen from the group comprising an anti-inflammatory and L-ascorbic acid.
2. Use according to claim 1, characterized in that said substance is glutathione.
3. Use according to claim 2, characterized in that the content of glutathione of said pharmaceutical compositions is between 0.05 g and 2 g per unit dose.
4. Use according to claim 3, characterized in that the content of glutathione of said pharmaceutical compositions is between 0.3 g and 1.5 g per unit dose.
5. Use according to claims 1 to 4, characterized in that said anti-inflammatory is extract of aloe pulp, or an association of extract of aloe pulp with glycyrrhetic acid.
6. Use according to claim 5, characterized in that glycyrrhetic acid is present in said pharmaceutical compositions in an amount between 5 mg and 100 mg per unit dose.
7. Use according to claims 5 and 6, characterized in that the extract of aloe pulp is present in said pharmaceutical compositions in an amount corresponding to a content of active substance between 3 mg and 50 mg per unit dose.
8. Use according to claims 1 to 7, characterized in that L-ascorbic acid is present in said pharmaceutical compositions in an amount between 20 mg and 200 mg per unit dose.
9. Use according to claim 8, characterized in that L-ascorbic acid is present in said pharmaceutical compositions in an amount of 150 mg per unit dose.
10. Pharmaceutical compositions for the removal of dental plaque and calculus from tooth surface, also having an anti-halitosis function, comprising as the active substance at least a substance selected from the group comprising glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium

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thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine said compositions possibly comprising at least a compound selected from the group comprising an anti-inflammatory and L-ascorbic acid.

11. Compositions according to claim 10, characterized in that said substance is glutathione.

12. Compositions according to claim 11, characterized in that they contain glutathione in an amount between 0.05 g and 2 g per unit dose.

13. Compositions according to claim 12, characterized in that they contain glutathione in an amount between 0.3 g and 1.5 g per unit dose.

14. Compositions according to claims 10 to 13, characterized in that said anti-inflammatory is extract of aloe pulp, or an association of extract of aloe pulp with glycyrrhetic acid.

15. Compositions according to claim 14, characterized in that they contain glycyrrhetic acid in an amount between 5 mg and 100 mg per unit dose.

16. Compositions according to claims 14 and 15, characterized in that they contain extract of aloe pulp in an amount corresponding to an amount of active substance between 3 mg and 50 mg per unit dose.

17. Compositions according to claims 10 to 16, characterized in that they contain L-ascorbic acid in an amount between 20 mg and 200 mg per unit dose.

18. Compositions according to claim 17, characterized in that they contain L-ascorbic acid in an amount of 150 mg per unit dose.

19. Use of at least a substance selected from the group comprising: glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine as the active substance in the preparation of pharmaceutical compositions suitable for the removal of dental plaque and calculus and of stains from the tooth surface, also having an anti-halitosis function, said compositions possibly comprising at least a compound selected from the group comprising an anti-inflammatory, L-ascorbic acid and a fluorinated compound.

20. Use according to claim 19, characterized in that said substance is glutathione.

21. Use according to claim 20, characterized in that said compositions are in the

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form of single-dose solid formulations containing an amount of glutathione between 0.01 g and 5 g per unit dose.

22. Use according to claim 21, characterized in that said compositions contain an amount of glutathione between 0.3 g and 1.5 g per unit dose.

23. Use according to claim 20, characterized in that said compositions are in the form of liquid or semisolid formulations containing a percentage of glutathione between 0.05% and 20% w/w.

24. Use according to claim 23, characterized in that said compositions contain a percentage of glutathione between 0.5 and 4% w/w.

25. Use according to claim 19, characterized in that said anti-inflammatory is extract of aloe pulp.

26. Use according to claim 25, characterized in that said compositions are in the form of single-dose solid formulations containing an amount of extract of aloe pulp corresponding to a content of active substance between 1 mg and 250 mg per unit dose.

27. Use according to claim 26, characterized in that said compositions further comprise glycirretic acid in an amount between 1 mg and 60 mg per unit dose.

28. Use according to claim 25, characterized in that said compositions are in the form of liquid or semisolid formulations containing 0.5% to 99.5% w/w of aloe gel.

29. Use according to claim 28, characterized in that said compositions further comprise 0.05% to 2% w/w of glycirretic acid.

30. Use according to claim 19, characterized in that said compositions are in the form of single-dose solid formulations containing L-ascorbic acid in an amount between 1 mg and 50 mg per unit dose.

31. Use according to claim 30, characterized in that L-ascorbic acid is present in said pharmaceutical compositions in an amount between 5 and 10 mg per unit dose.

32. Use according to claim 19, characterized in that said compositions are in the form of liquid or semisolid formulations containing 0.05 to 1% w/w of ascorbic acid.

33. Use according to claim 19, characterized in that said fluorinated compound is sodium fluoride.

34. Use according to claim 33, characterized in that said compositions are in the

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form of solid formulations and sodium fluoride is present in an amount corresponding to 0.1 mg of fluoride ions.

35. Use according to claim 33, characterized in that said compositions are in the form of liquid or semisolid formulations and sodium fluoride is present in a concentration of 0.15% w/w.

36. Pharmaceutical compositions for the removal of dental plaque and tartar and of stains from the tooth surface, also having an anti-halitosis function, comprising as the active substance at least a substance selected from the group comprising glutathione, pharmaceutically acceptable esters and salts of glutathione, WR-2721, sodium mercaptoethansulfonate (MESNA), diethyldithiocarbamate, sodium thiosulfate, N-acetylcysteine, cytochrome P450 and cysteamine said compositions possibly comprising at least a compound selected from the group comprising an anti-inflammatory, L-ascorbic acid and a fluorinated compound.

37. Compositions according to claim 36, characterized in that said active substance is glutathione.

38. Compositions according to claim 37, characterized in that they are in the form of solid formulations containing glutathione in an amount between 0.01 g and 5 g per unit dose.

39. Compositions according to claim 38, characterized in that they contain glutathione in an amount between 0.3 g and 1.5 g per unit dose.

40. Compositions according to claim 37, characterized in that they are in the form of liquid or semisolid formulations containing glutathione in a percentage between 0.05% and 20% w/w.

41. Compositions according to claim 40, characterized in that glutathione is present in a percentage between 0.5 and 4% w/w.

42. Compositions according to claims 36, characterized in that said anti-inflammatory is extract of aloe pulp.

43. Compositions according to claim 42, characterized in that they are in the form of single-dose solid formulations containing an amount of extract of aloe pulp corresponding to a content of active substance between 1 mg and 250 mg per unit dose.

44. Compositions according to claim 43, characterized in that they further contain

glycirretic acid in an amount between 1 mg and 50 per unit dose.

45. Compositions according to claim 42, characterized in that they are in the form of liquid or semisolid formulations containing 0.5% to 99.5% w/w of aloe gel.

46. Compositions according to claim 45, characterized in that they further contain 0.05% to 2% w/w of glycirretic acid.

47. Compositions according to claim 36, characterized in that they are in the form of single-dose solid formulations containing L-ascorbic acid in an amount between 1 mg and 50 mg per unit dose.

48. Compositions according to claim 47, characterized in that they contain L-ascorbic acid in an amount between 5 and 10 mg per unit dose.

49. Compositions according to claim 36, characterized in that they are in the form of liquid or semisolid formulations containing L-ascorbic acid in an amount between 0.05% and 1% w/w.

50. Compositions according to claim 36, characterized in that said fluorinated compound is sodium fluoride.

51. Compositions according to claim 50, characterized in that they are in the form of liquid or semisolid formulations containing sodium fluoride in a concentration of 0.15% w/w.

52. Compositions according to claim 50, characterized in that they are in the form of solid formulations containing sodium fluoride in an amount corresponding to 0.1 mg of fluoride ions.

53. Use according to claim 2 wherein the amount of glutathione is at least 0.05% by weight.

54. Use according to claim 20 wherein the amount of glutathione is at least 0.05% by weight.

55. Composition according to claim 11 wherein the amount of glutathione is at least 0.05% by weight.

56. Composition according to claim 37 wherein the amount of glutathione is at least 0.05% by weight.

## INTERNATIONAL SEARCH REPORT

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## A. CLASSIFICATION OF SUBJECT MATTER

IPC 7 A61K7/22 A61K38/06 A61P1/02

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)

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Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the International search (name of data base and, where practical, search terms used)

EPO-Internal, WPI Data, PAJ, CHEM ABS Data, BIOSIS, EMBASE

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	US 5 906 811 A (T. HERSH) 25 May 1999 (1999-05-25)  the whole document	1-5, 7-14, 16-26, 28, 30-43, 45,47-56
X	US 5 147 632 A (P.H. PAN ET AL.) 15 September 1992 (1992-09-15) column 6, line 57 - line 65; claims 1,2,8-10; examples 1,2	1,10,19, 33,36,50
X	EP 0 465 921 A (ISCOFAR SAS-DE PAOLO F. GHIRARDI) 15 January 1992 (1992-01-15) page 3, line 53 -page 4, line 5; claim 1  -/--	1,10,19, 36



Further documents are listed in the continuation of box C.



Patent family members are listed in annex.

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## INTERNATIONAL SEARCH REPORT

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## C.(Continuation) DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
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Information on patent family members

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